

THE FOUR PILLARS

There are 4 essential elements to relationships. The best way to think of these are as the 4 pillars on which you build a healthy and lasting union.

They are:

1. Fidelity: Both of you must be faithful to each other in every way.
2. Financial Honesty: Both of you must know where the money is and where it is going.
3. No hitting or pushing.
4. No drinking or drugging.

If you are in violation of any one of these four pillars, the relationship is by definition unhealthy. If you have broken one of the pillars and are able to reestablish all of the 4 pillars, the relationship has a chance of being healthy, but it is not guaranteed. If you cannot or do not change a violation of the 4 pillars, the relationship can never be healthy and may end.